



Md. Shahidul Haque

Md. Shahidul Haque was born on November 3, 1956, in Dari Bhakoadi, Gazipur (now a district) in Bangladesh. Struck by polio at age three, and later injured during the Liberation War, he grew up with limited mobility but unlimited resolve.

After studying Public Administration at Dhaka University, he joined Janata Bank in 1984. Witnessing the plight of disabled people after the 1989 tornado and 1991 cyclone changed his life's course. He left banking to found SARPV (Social Assistance and Rehabilitation for the Physically Vulnerable), dedicating himself to empowering the marginalized.

A co-founder of NFOWD and an Ashoka Fellow (1992), Shahidul spent his life proving that disability is not a barrier itself but a positivity towards life and empathy can inspire a remarkable transformation.

A Journey to Win Rickets

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A Journey to Win Rickets is a gripping account of one man's taking lead to prevent childhood disability from Rickets in Bangladesh. Struck by polio at a very early age, the author transforms his own pain into a lifelong mission—to ensure that no child suffers simply because no one noticed the early signs.

Combination of heartening memories and powerful observations, this book exposes the silent progression of Rickets, a preventable disease that steals children's futures long before families realize what's happening.

It traces the birth of SARPV, a movement built in the form of an organization with compassion, courage, and the refusal to look away. This is more than a medical narrative. It is a call to justice—a reminder that every child deserves to grow, to run, and to dream.

A Journey to Win Rickets invites readers to stand by those who are too often unseen, and to believe that a handful of determined people can rewrite the future of some, even if not all, children in need.



BDT 500
US\$ 10
BP 8
EURO 10



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A JOURNEY TO WIN RICKETS

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“A dark house
is always
an unhealthy house,
always
an ill-aired house,
always
a dirty house.
Want of light
stops growth
and
promotes scrofula,
rickets, etc.,
among
the children.”

Florence Nightingale

